

MARIAH WILDERNESS EXPEDITIONS

Middle Fork American River One-Day Trip

Class II-IV: Medium Intensity Whitewater-18 Miles

Welcome to Mariah Wilderness Expeditions!
We're excited about providing for you an outstanding rafting adventure

TRIP HIGHLIGHTS

- **Exciting Whitewater** and perfect for the adventuresome first-time rafter as well as a great step-up for the experienced paddler
- The famous Class V **Tunnel Chute**, an exciting, adrenaline rush whitewater ride
- Eighteen miles of river with many Class II, III and IV fun rapids, plus The Tunnel Chute rapid
- Legendary Gold Rush river with visible mining sites along the riverbank
- Time to savor the remote wilderness canyon as we paddle through peaceful stretches
- A delightful riverside lunch as we relax and enjoy the quiet of the day
- Exciting wildlife and spectacular mountain vistas to savor and to enjoy
- A full day of fun, relaxation and excitement in a beautiful Sierra Nevada river canyon.

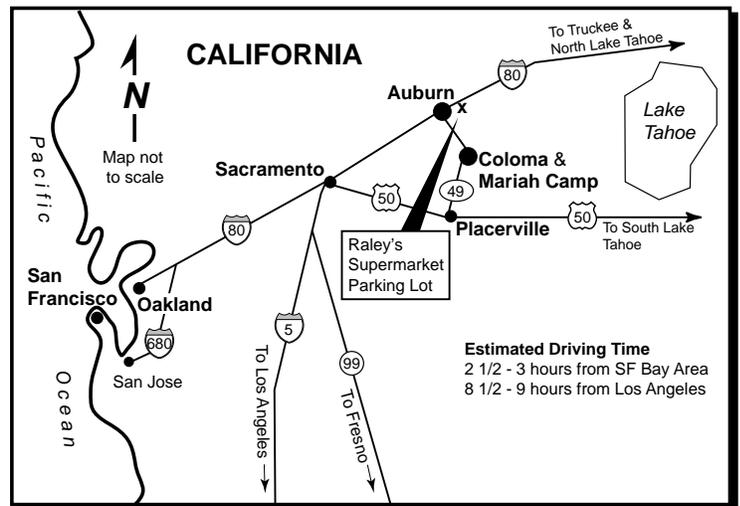
MEETING TIME AND PLACE

- **8 A.M.** the morning of your trip
- **Auburn**, approximately **40 minutes east of Sacramento on Interstate 80**, about **3 hours** from the **San Francisco Bay Area**.

TRIP ITINERARY

Get ready for a great day on the river! We board our river van promptly at 8 A.M. and head for the river about 45 minutes away. Enroute your guides will present orientation and safety information. At the river launching site, you will receive your river gear including a paddle, helmet and life jacket, and any rented wetsuits. We will launch our boats, practice paddling skills with our guides, and head for the excitement and fun of the Tunnel Chute and Kanaka Falls!

We stop around midday for a hearty lunch on the riverbank, enjoy the peace of the remote canyon, and then continue the day's run with more big rapids like Chunder and Parallel Parking. Our shuttle vehicle will greet us at take-out with cold beverages for the ride back to your cars. You're ready to head home by around 5-6 P.M., relaxed and full of memories from a great river trip experience!



DIRECTIONS

If you are flying, the closest airport is Sacramento, which is about an hour's drive to Auburn. Take Hwy. I-80 East from the Bay Area and Sacramento to Auburn. Continue 2 miles east of Central Auburn on I-80 to the Auburn/-Ravine/ Foresthill exit. Turn right at the exit and left at the signal; then right into the Raley's Supermarket parking lot. Continue around to the back of Raley's to park. Look for a Mariah Wilderness Expeditions vehicle. You will transfer your things to our vehicle and ride to put-in. Your hotel in Auburn will be able to give you directions, also, since Raley's is a large, major supermarket in Auburn.

PLACES TO STAY THE NIGHT BEFORE YOUR TRIP

AUBURN LODGING

- Auburn Inn (800) 272-1444
- Best Western Golden Key (530) 885-8611; (800) 201-0121
- Travelodge (530) 885-7025
- or contact the Auburn Visitor's Bureau at (530) 885-5616

AUBURN AREA CAMPING

- Auburn KOA 800 562-6671 or 530-885-0990.
- Rollins Lake Resort (530) 346-2212
- Long Ravine Camp at Rollins (530) 346-6166
- Orchard Springs at Rollins (530) 346-2212
- Greenhorn Camp at Rollins (530) 272-6100.

WHAT TO WEAR

FOR ON-RIVER

- Shorts (quick drying)/swimsuit
- T-shirt for sun protection
- Tennis shoes--no thongs or sandals
- Hat or visor
- Sunscreen, sunglasses & chums

FOR COOL WEATHER FROM MAY TO MID-JUNE ADD

- Wet suit/booties - Available to rent
Call office to reserve: \$20 per trip
- Wool/polypro socks, hat, gloves
- Wool or fleece shirt/sweater
- Windbreaker or light rain jacket

COME DRESSED & READY FOR THE RIVER

- You may bring a jacket or sweatshirt to wear on the way to put-in
- On cool days we'll have a dry bag in each boat for that extra wool or fleece top
- We'll have your reserved wetsuit with us; wear it over your shorts/polypro

PHOTOS & GRATUITIES

At the end of the trip, you will have the chance to view and purchase photos of your paddle boat running the rapids on the South Fork--a wonderful reminder of your exciting day with Mariah Wilderness Expeditions on the river.

We are frequently asked if it is customary to tip the guides. Our guides' goal is to provide you with a fun and safe river trip. The guides do not expect a tip. However, they enjoy a token of your appreciation for a job especially well-done. A popular gesture seems to be for each crew to present their guide with around \$10 per rafter at the end of your trip.

FOR YOUR SAFETY

Mariah Wilderness Expeditions has an excellent record of providing safe and fun river adventures. While most of our trips are not strenuous, they can be a dramatic change in routine and do involve some risk. We take many safety precautions and ask you to respond to our safety requirements:

- It is your responsibility to select a river trip appropriate to your abilities and physical condition. Please call to discuss any concerns that you may have.
- Please consult your doctor and discuss with us in advance any medical conditions that would restrict your full participation. Our meals are planned to naturally respond to vegetarian requests.
- Our life jackets will fit a maximum chest size of 52 inches and weight of 280 lbs.
- You will be required to sign an Assumption of Risk and Liability Release before your trip begins.

CANCELLATION & REFUND

Due to our limited trip sizes, we turn away others once your reservation has been submitted. If you must cancel your trip, please notify us as soon as possible. Upon receipt of written notice 31 days or more prior to your launch date, you will receive a full refund less your per person deposit. Any cancellation made within 30 days of the trip will not be eligible for a refund. You may, however, substitute another person without penalty.

We reserve the right to cancel a trip due to weather, water conditions, or other good cause beyond our control. Should this occur, your trip fees will be fully credited towards another trip. All refunds and credits shall be limited to amounts actually paid to Mariah Wilderness


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